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## Upcoming Worship Services ~ Worship begins at 10:30 am

Children and youth are welcome in the summer worship services, or religious education for preschool through grade 6 is offered and childcare is provided in the nursery. See article below for more details.

### **July 12 SQ - Spiritual Intelligence, the Ultimate Intelligence Dan Wiseman**

Most of us are familiar with IQ and EQ, but SQ? According to the book *SQ - Spiritual Intelligence, the Ultimate Intelligence* by Danah Zohar there is enough collective evidence from psychology, neurology, anthropology and cognitive science to show us that there is a third 'Q', 'SQ', or Spiritual Intelligence. It is linked to humanity's need for meaning, and is what we use to develop our longing and capacity for meaning, vision and value. It allows us to dream and to strive. It underlies the things we believe in and the role our beliefs and values play in the actions that we take and the shape we give to our lives. Come join us as we explore six pathways to SQ.

### **July 19 Quaker Theology Rick Burdsall**

Rick is a lifelong member of the Religious Society of Friends, better known as Quakers. He will share a little background on who the Quakers were and how they got started, who they are today and what they believe, and then we'll experience a traditional Quaker service.

### **July 26 TBA Marc Adams**

### **August 2 Blessing of the Animals Ed Waxler**

The 2009 "Blessing Of The Animals" service, to be held inside our sanctuary, will honor the human/companion-animal bond. We'd be thrilled if congregants bring their well-behaved and well-housebroken pets to this service. We'll be setting up a table to hold the photographs of other pets to be honored or remembered. Hope to see you there!

*Share the Plate:* Half of the cash collected in the offering will be donated to The Buddy Foundation.

### **August 9 TBA Steve Bero**

### **August 16 TBA Rev. Hilary Krivchenia**

### **August 23 Lincoln Laura Gadley**

### **August 30 TBA Rev. Hilary Krivchenia**

*Share the Plate:* Half of the cash collected in the offering will be donated to the National Association of Mental Health.

### **September 6 The Lost Art of Memory Rev. Dr. C. Scot Giles**

In Medieval and Renaissance times people formally studied the "Arts of Memory." In the age before the widespread availability of books and long before computers, people had to rely more on what they could remember. As a result, they developed systems that enabled them to remember things accurately and quickly. We have all but lost this knowledge. However, some of the teachers of the Arts of Memory went a step further and began to make spiritual claims for what they could do. They believed that by carefully remembering things they could actually acquire some of the powers of God. This sermon will explore the Arts of Memory and the lost powers they contain.

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## Inside This Issue...

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## Summer Religious Education

Join us for an exciting series of summer experiences on Sundays through September 6, 10:30-11:45 am. We offer two classes - Pre/K and Grades 1-6. Our program is called *Nature Navigators: Exploring the Interdependent Web of Life* and is designed to foster reverence for nature and take action to protect our planet. We are exploring evolution, measuring our carbon footprint, tending to a children's garden, learning "green" initiatives.

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## The Minister's Muse

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General Assembly offered the usual riches this year. The wealth of connecting with colleagues, learning about new projects, hearing inspiring speakers. One highlight - which I shared with Colleen Vahey - was attending a workshop offered by Ysaye Barnwell - a member of the singing group Sweet Honey in the Rock. It was inspiring and energizing to sing with her. True there were probably over one hundred mostly white people - and mostly middle aged or even older - looking to Ysaye Barnwell for direction. She cheered us on and tried to help us to relax and trust our voices and one another. She wanted us to hear one another and respond to - and to really sing with one another. It seemed so hard for us. It is as though if you sing in church, with family, with friends, you will develop a musical vocabulary that becomes natural to you - just as language does. And from that vocabulary you more easily can sing into a conversation - a choir - an ensemble. It explains to me why people who grow up in music-rich church traditions do seem to have more musical gifts than others. I can sing a union song as well as the next guy - from car trips with my lefty parents. But it didn't give me a broad vocabulary. I think one of the things that our children benefit from when we are all together in church and when they sing at Children's Chapel is this sense of music. I think that we are naturally musical animals and that when we are given a chance to expand this part of ourselves, we are nourished in some deep way. When I watch our choir singing together with Jeffrey's direction, I can see how they are fed by their collective singing. Perhaps we all just need more practice to expand our vocabularies.

I think, generally, that one of the great values of congregational life is the wide variety of chances to learn and to grow as persons in community. The more we learn - about leadership, communication, mutual service, service to the larger world, our own familiar talents and our untried and yet to be discovered gifts - the more we truly do grow. I had to work to follow what Ysaye Barnwell was teaching us, but I felt myself drinking it all in and being refreshed.

General Assembly is a great opportunity to test new waters and learn new things. Each year, I am energized and inspired by it. I look forward to this next June when more of us might go together, as it will be in Minneapolis. It will give our energetic congregation a further energy boost.

Anyway. With GA past, I can focus on my studies and some rest. I can prepare and tap into my excitement about the next year. I know it is going to be great. Of course, there will be new ground to cover, new skills to learn, new challenges - but this will be great because we will be doing it together - and because we are more than up to it. Of course, there will be unsure moments - but then - as we stretch together - we will find our footing and take pleasure in the learning and the journey.

I hope that your July is a great one. See you in August!

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### Where do you spend Sundays from 9:15 to 10:15 am?

If you are not a member of the open forum discussion, where a group of people gets together before the worship service to discuss interesting, "hot," and controversial topics, well, you're missing out on one of the best things about Countryside UU Church.

In the coming weeks, we're going to tackle healthcare reform, the rise of extremism, rights and responsibilities of free speech, DC partisanship, happiness and the American dream, immigration, and the future of transportation in the US - just to name a few topics on the agenda. So join us! Bring your coffee and your opinions, views, biases and passions and we'll bring ours. Who knows? We may open a few minds along the way.

Need another reason to show up? Here are a few:

- \* There is plenty of free parking at this hour of the morning
- \* You might learn something
- \* You can voice your opinions in a welcoming atmosphere
- \* Get to know a small group of people at a deeper level
- \* Show us how informed you are about current events
- \* Enjoy the quiet of the church and the grounds

See you next Sunday!

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### Rev. Hilary's Summer Schedule

During the month of July, I will be away on Study Leave.

During this time I will be off line. In case of critical emergencies, I can be reached through the Lay Ministry Team or the Committee on Ministry (the Board President will also know how to reach me). I will be away until August 1 and then gone again until August 15, at which time I will be back and rarin' to gallop into another church year.

## Help for Countryside's Prairie

Our prairie along the east side of the church is in need of much attention. The invasive weeds have taken over and need to be removed, to free up the beautiful prairie plants trying to thrive. Your help is greatly needed to join other volunteers in tackling this weeding chore. If you have a few hours and energy to give, please contact Peggy Simonsen or Ron Vargason. We will determine a mutually available time to tackle this job in July if possible. No expertise is needed, Ron and Peggy will direct the work, and work along with the group.

## Church Camping Trip July 24-26

### Last minute sign-ups are welcome!

- Check out the campsite: [www.mapleleafpark.com](http://www.mapleleafpark.com). To sign up, call Margaret Myren.
- Come for one night, two, or just during the day to enjoy relaxing in the sun, fishing, swimming, campfires and your Unitarian friends! If you can't make the whole weekend, consider coming Saturday only.
- Saturday night potluck - bring something to share.
- Sunday morning worship gathering.
- Pets allowed. Tent or RV camping allowed.
- Choose the local drive-in theater for Friday night? [www.rt34drivein.com](http://www.rt34drivein.com)

## Collect Water This Summer

Please collect some small amount of water during your summer - from your travels, from the kitchen sink, from Lake Michigan, from the backyard sprinkler - anywhere you spend some time over the summer months and gain some understanding, learn a life lesson, rejoice or grieve. While our program continues all summer and worship continues all summer, we are a more scattered community.

September 13 will be our Ingathering Service during which we will Mingle the Waters from our summer sojourns. Not a travelogue (some of us can travel to exotic places, others have watched every penny and stayed close to home), The Mingling of Waters is a time to share the wisdom we have gained. Reflect as you spend time by water this summer - even by the sink. What are you learning, experiencing, hoping, discovering? In September, let us gather in and share, in brief words, these new insights. Meanwhile, take a bottle and carry it with you. It can remind you of the chance you have every time you come here, to refill your well - by the care and creativity of this congregation.

## In Sympathy

The sympathy of the congregation is extended to Steve Armitage and family on the death of his father, Thomas Armitage, on June 20.

### In Memoriam

**Anna Cvetko**

**March 28, 1914 - June 29, 2009**

Visitation for Anna Cvetko (Carol Bobbe's mother) will be from 4 to 9pm on Tuesday, July 7 at the Blake-Lamb Funeral Home, 4727 W. 103rd Street, Oak Lawn, IL. A Graveside Funeral Service will be held at 11am on Wednesday, July 8 at Mount Vernon Memorial Estates, 11875 S. Archer Avenue, Lemont, IL.

## Church Office Summer Hours

Mondays & Thursdays, 9 am to 2 pm

Laurie's summer hours  
begin June 15 & continue through Labor Day.  
Voice mail and email will be checked each day.

## focus

### Published by Countryside Church

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Church Office Hours *Mon-Thurs: 9am-2pm*

*Fri: 9am-Noon*

Minister *Hilary Landau Krivchenia*

*RevHilaryK@ccuu.org*

Director of Religious Education *Colleen Vahey*

*RE@ccuu.org*

Music Director & Pianist *Jeffrey Hamrick*

*Music@ccuu.org*

Minister Emeritus *Dr. Ruppert L. Lovely*

Community-Based Minister *Dr. C. Scot Giles*

Music Director Emeritus *John Denny*

Congregational Administrator *Laurie Lantz*

Lay Ministers

Ken Bobbe and Trudy Kleckner, Coordinators

Richard Chay Joyce Swedlund

Larry Frank Kimberly Tilford

Jane Matthews Dan Yokas

For assistance from our Lay or Care Ministries,  
please call Ken or Trudy.

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## Mark Your Calendars

On August 15, Countryside Church UU will hold its second Rock and Roll Invitational. Countryside musicians will warm up the crowd, then anyone can come up and sing, play an instrument or jam along. Join us at 7 pm with your music (lyrics and chords please) or to listen and dance. Drinks and snacks will be available for purchase. Suggested cover charge donation. More details to follow.

## Health Care Forum July 12

The future of our health care system is now in the hands of the U.S. Congress. How much do you know about the issues being debated? To get answers to any questions you may have, please attend a panel discussion on Sunday, July 12, at 12:30 pm at North Shore Unitarian Church in Deerfield.

The panel will be moderated by Countryside's own Dr. Hal Snyder, a member of Physicians for a National Health Care Program, and will include: John Gaudette, Illinois Director of Health Care for America Now; Edward Crouse, Chicago Single Payer Action Network; David Borris, owner of Hel's Kitchen catering service (to present the small business owner's perspective). Audience participation is encouraged. A light lunch will be available at 11:30 am for a suggested donation of \$5.

## UUs for Social Justice

The Unitarian Universalist Social Justice (UUSJ) Peace Task Force is sponsoring a presentation by Kathy Kelly at Hinsdale UU Church on August 23 from 2 - 4:30 pm. She has recently returned from Pakistan & Afghanistan.

## Intro to Zen Workshop

The Great Plains Zen Center (GPZC) will hold an introductory workshop on July 18 at Countryside Church UU. Attendance at an introductory workshop is required of anyone who would like to become a member of the GPZC. \$25/person. Call 847-274-4793 or visit [www.greatplainszen.org](http://www.greatplainszen.org) to register.

## GoodSearch for Church

Go to [www.goodsearch.com](http://www.goodsearch.com) and enter 'Countryside Church UU' as the non-profit you want to support, and the church will earn a penny every time you search the Internet and a percentage of every purchase you make online! GoodSearch.com is a Yahoo-powered search engine that donates half its advertising revenue to the charities its users designate. GoodShop.com is an online shopping mall which donates a % of each purchase to your favorite cause! For more info, contact Bob Spielman.

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## Adult Faith Development (AFD) News

### Worklife Support Group

We are meeting 10 am - Noon on the 2nd and 4th Fridays of the month in classroom 1 at the church. For more info, contact Dan Wiseman.

### Movies with Meaning

On Friday July 10 at 7 pm, we will show a new environmental masterpiece: HOME - a film by Yann Arthus-Bertrand. By bringing us unique footage from the Earth and sharing with us his wonder and his concern, Yann Arthus-Bertrand lays a foundation stone for the world that, together, we must rebuild. The film HOME intends to shift people's perceptions, to make us aware of the tectonic movements at work and to incite us to act.

### New Group: "Journey Inward"

Would you like to Explore, Discover, Learn About Hypnosis, Meditation, Dowsing, Tarot, Color Therapy, Crystal Healing, EFT, Law of Attraction, Edgar Cayce, 2012, spiritual movies and much, much more? Join us on the 3rd Thursday each month at 7 pm in classroom 6 beginning in July. For questions or more information, please contact either Erv Toth or Rose Schulz.

### Gong Meditation

On Thursday August 6, 7-9 pm, in Atherton Hall, the AFD Council will sponsor a Gong Meditation with recording artist and sound practitioner Kenny Kolter.

Everyone is invited to an evening of the relaxing and energizing song of the gong. It will both calm and inspire your spirit. The sound and vibration works at a cellular level and can help with stress, fatigue, depression, anger and blocked energy. Immerse yourself in sound with the healing vibrations of the gong. This is an experience you will never forget.

Wear loose, comfortable clothing, bring a yoga mat, blanket or pillow and water. Advanced registration is kindly requested. Suggested donation is \$10. (No one will be turned away due to lack of funds). To reserve your spot or for more information, contact Erv Toth.

### Last Mondays Book Group

On July 27 at 7 pm in the Stokes Room, we will discuss Hope Dies Last by Studs Terkel.

On August 31, we will discuss The People on Privilege Hill by Jane Gardam (short stories).

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## Job Ministry

If you have questions regarding the St. Hubert Job Ministry events, call Bob Podgorski at 847-925-6005.

**Resumé Review: July 11, 9 - 11 am,** St. John the Evangelist Church, 513 Parkside Circle, Streamwood. Bring your resume for a personal evaluation by one of six HR, Search, or Career Counselors who will be on hand to give you their thoughts and suggestions. Bring a friend - This is for all occupations and levels.

**Effective Networking - The Art of People-izing: July 13\*\*,** 7-9 pm, St. Hubert Ministry Center, 729 Grand Canyon, Hoffman Estates. Chad Coe, best known for his work with the Gray Hair Management networking group, will present his popular seminar on Networking. Expect to hear and have reinforced many of the fundamental processes of Networking, but be sure to keep your pencils sharp for notes on the people part of Networking effectiveness.

**\*\*For The Newcomer: 2nd Monday of the month at 6 pm:** If you are new to Networking and/or the job search, join us for a one-hour program on how to use a networking meeting effectively; the tools you'll need, such as the Elevator Speech; how to do a Handbill; and how to generate the contacts you need.

**What Must Be Said in an Interview: July 25,** 9am - Noon, Orchard Evangelical Church, 1330 Douglas, Arlington Hts. There are certain things we need to get out on the table to impress the interviewer and hiring manager. These areas of qualification are important to cover since most candidates miss at least half of them in their quest for the position. Join our coordinator Bob Podgorski for an eye opening presentation.

**How To Talk About Your Last Employer: July 27,** 7-9:15 pm, St. Hubert Ministry Center, 729 Grand Canyon, Hoffman Estates. Interviewers frequently ask about your perspectives on your former employers. Obviously, they are interested in not only facts, but also your emotional response. Our Coordinator, Bob Podgorski, will share some insights into how to handle this question effectively.

**Resumé Review: Thursday, August 6,** 7 to 9pm, Village Presbyterian Church, 1300 Shermer Rd. Northbrook. Bring your resume for a personal evaluation by one of six HR, Search, or Career Counselors who will be on hand to give you their thoughts and suggestions. Bring a friend - This is for all occupations and levels. Parking- Sunset Grocery lot across the street from church.

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## 2nd Annual Katrina Project

Please consider joining DuPage Unitarian Universalist Church of Naperville on a repeat visit to the Mississippi Coast in November. Arrangements have been made with Camp Coast Care. Since the first days after Hurricane Katrina, Camp Coast Care has offered help to survivors in the form of a distribution center for food, clothing, cleaning supplies, personal hygiene products and free medical services. The focus now will be on renovations and building of homes. Almost 4 years later, there is still a need!

We will be staying at the same camp as last year, but at a different location. Efforts have been consolidated with a local Presbyterian Church, Habitat for Humanity and Camp Coast Care. The new location is in Hancock County, ground zero for Hurricane Katrina, where the greatest part of the rebuilding remains to be completed. The larger better- equipped facility will enable them to be better stewards of their limited resources. They provide housing, three meals, water and paper products for their volunteers. To help cover cost they request a \$125 donation. Volunteers need to provide their own bedding and water bottles. No laundry facilities are available.

Interested volunteers need not have special skills for carpentry or other building trades. Just as ask any of the 19 church members that volunteered last year. Please do not let a lack of skills dampen your enthusiasm for this project. Each site has an experienced supervisor.

This event is sponsored by community action group of DUUC and will assist with group rides for those interested. Estimate travel costs will be shared by those traveling via vans. Total costs for transportation, room and board are expected to be in the vicinity of \$400 for the week.

Plans are to depart Illinois on Saturday, Nov 14, stop overnight in Memphis, arriving mid afternoon in Bay St. Louis, MS. Work week is Monday to Friday. You can contact their website for more specific information: [www.campcoastcare.com](http://www.campcoastcare.com).

Please contact Jane or Joe Gano at 630-961-9528 or e-mail [janefgano@gmail.com](mailto:janefgano@gmail.com) if you are interested in participating. They are requesting that you express interest as soon as you can but not later than July 30.

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## North Shore Unitarian Rummage Sale

Saturday, August 1, 8 am to 4 pm. Boutique with finer items. Bag Sale - \$3/bag begins at 2 pm. Proceeds are donated to social service agencies and environmental efforts. For more info, go to [www.nsuc.org](http://www.nsuc.org).

## Upcoming Meetings and Events

A complete calendar of all events and meetings held in the building is on the church website ([www.ccuu.org](http://www.ccuu.org)) under the "Events & Rentals" heading. If your church meeting or event is not listed there, please fill out a room reservation form (available with the calendar on the website) and submit it to the church office.

Thu 7/9	6pm	Pride Youth - LINKS, 847-441-6191	Tue 7/28	7pm	Membership Ctte Mtg
	7:30pm	Amnesty International Meeting		7pm	Personnel Ctte Mtg
Fri 7/10	10am	Worklife Support Group		7pm	Rainbow Friends Mtg
	7pm	AFD Movies with Meaning	Thu 7/30	6pm	Pride Youth - LINKS, 847-441-6191
Sun 7/12	9:15am	Open Forum Discussion	Sun 8/2	9am	Buddhist Dharma Group
	7pm	Zen Meditation, <a href="http://www.greatplainszen.org">www.greatplainszen.org</a>		9:15am	Open Forum Discussion
Tue 7/14	7pm	Green Sanctuary Mtg		7pm	Zen Meditation, <a href="http://www.greatplainszen.org">www.greatplainszen.org</a>
Wed 7/15	7pm	Finance Ctte	Tue 8/4	7pm	Program Council Meeting
Thu 7/16	6pm	Pride Youth - LINKS, 847-441-6191	Thu 8/6	6pm	Pride Youth - LINKS, 847-441-6191
	7pm	Journey Inward Group		7pm	Gong Bath Meditation
Fri 7/17	10am	Daytime Kinship Circle	Sun 8/9	9:15am	Open Forum Discussion
	7pm	Song Circle		7pm	Zen Meditation, <a href="http://www.greatplainszen.org">www.greatplainszen.org</a>
Sat 7/18	8:30am	Zen Wkshop, <a href="http://www.greatplainszen.org">www.greatplainszen.org</a>	Tue 8/11	7pm	Green Sanctuary Mtg
Sun 7/19	9am	Buddhist Dharma Group	Thu 8/13	6pm	Pride Youth - LINKS, 847-441-6191
	9:15am	Open Forum Discussion		7:30pm	Amnesty International Meeting
	7pm	Zen Meditation, <a href="http://www.greatplainszen.org">www.greatplainszen.org</a>	Fri 8/14	10am	Worklife Support Group
Tue 7/21	7pm	Board of Trustees Meeting		7pm	AFD Movies with Meaning
	7pm	Worship Council	Sat 8/15	9am	RE Council Retreat
Thu 7/23	6pm	Pride Youth - LINKS, 847-441-6191	Sun 8/16	9am	Buddhist Dharma Group
Fri 7/24	10am	Worklife Support Group		9:15am	Open Forum Discussion
Sun 7/26	9:15am	Open Forum Discussion	<b>Summer Focus Deadlines</b>		
	7pm	Zen Meditation, <a href="http://www.greatplainszen.org">www.greatplainszen.org</a>	<b>August 3, August 24, September 14</b>		
Mon 7/27	7pm	Last Mondays Book Discussion Group	Submit articles by 9 am to <a href="mailto:ccuu@ccuu.org">ccuu@ccuu.org</a> .		
7/28 - 8/2		UU Musicians Conference in Portland Oregon			

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